Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Sunday 02 Jul 2023 until 23:59 on Monday 03 Jul 2023

Forecast Issued on Saturday 01 Jul 2023 at 15:03 by Met Office Aberdeen

Confidence: High for changeable weather over next few days with sunshine and showers. Also cold and windy on the tops although winds easing on Tuesday.

Headline for Sunday 02 Jul 2023: Sunny intervals. Blustery showers. Cold and windy on higher ridges/summits.

Mountain weather hazards on Sunday 02 Jul 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
Low Likelihood

Severe chill effect
Low Likelihood

Poor visibility
Low Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Partly cloudy (night)	Sunny intervals	Light rain showers	Heavy rain showers	Heavy rain showers	Light rain showers	Sunny intervals
Precipitation probability							
20%	20%	20%	30%	50%	50%	30%	20%

Forecast for Sunday 02 Jul 2023

Weather: Bright with some sunshine and showers breaking out. Some of the showers will be heavy in the afternoon, possibly thundery but passing by quickly. Showers becoming fewer and lighter during evening.

Chance of cloud-free hill tops above 800m: 70%

Low Cloud and visibility: Generally very good visibility with patches of cloud about 700 to 800m. Marked reductions to poor visibility as heavier showers come along with briefly more extensive cloud cover lower down the hills.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 02 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	34/43 W	35/43 W	32/41 W	27/36 W	28/38 W	27/38 W	29/39 W	24/32 W	24/31 SW
900	27/36 W	25/33 W	24/33 W	22/31 W	23/33 W	23/32 W	22/31 W	19/26 W	18/26 W
600	28/36 W	26/34 W	23/30 W	22/31 W	24/34 W	23/33 W	23/32 W	20/27 SW	19/26 SW
300	14/24 W	13/21 W	13/20 W	14/22 W	17/27 W	16/26 W	14/23 W	11/18 W	9/16 SW
Glen	11/25 W	9/22 W	10/22 W	13/25 W	14/28 W	14/28 W	12/24 W	10/22 W	7/18 W

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	2/-6	2/-6	2/-6	2/-5	2/-4	3/-4	2/-5	2/-5	2/-5
900	5/-1	4/-1	5/-1	6/0	6/1	6/2	6/0	4/-0	4/-1
600	7/2	7/2	7/2	8/4	8/4	9/4	8/3	7/3	6/2
300	10/6	9/6	9/7	10/8	11/8	11/8	10/7	9/7	9/7
Glen	11/9	11/9	12/10	13/11	14/11	14/11	12/10	11/9	10/9
Freezing Level*	1500m	1500m	1500m	1500m	1500m	1500m	1500m	1400m	1500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Some difficult walking conditions on higher slopes due to combination of strong winds, lower temperatures and sharp showers passing by.

Forecast for Monday 03 Jul 2023
Weather: Another day of sunny spells and showers. A few heavy showers are expected, especially over Lochaber and the Trossachs but passing by quickly leaving a lot of dry weather during the day.

Maximum wind: Westerly winds, average speeds of 25 to 30mph with gusts 40mph on the tops.

Chance of cloud-free hill tops above 800m: 80%

Low Cloud and visibility: Very good visibility with patchy cloud cover about 700 to 800m. Brief interruptions to poorer visibility as any heavier showers pass by.

Temperature: **Glens:** 7 Celsius rising to 16 Celsius.
At 800m: 8 Celsius.
Freezing level: Above the summits.

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